



The Anchor

February 2012

St. Andrew's Episcopal Church, Longmeadow MA

Parish Theme:
Creating Caring
Connections

Parish Goal:
To develop, expand
and deepen meaning-
ful relationships
among St. Andrew's
parishioners and
those outside the
parish through minis-
tries that foster fel-
lowship; encourage
spiritual develop-
ment; and serve the
common good.

Observing Lent: Inward Disciplines for Outward Action

Lent is upon us. The church's 40-day Lenten observance begins Ash Wednesday, February 22. Many Christians will be thinking about what to give up this Lent – chocolate, T.V. and the list continues. Instead of giving up something to remember Christ's sacrifice, how about taking on something to renew yourself for the sake of renewing the world in Christ's name? Before you think "I just don't want to deal with the Lenten wilderness," let me tell you what I mean. You see, too often we think of Lent as a time to be miserable, inflict a little spiritual pain, and oh yes give up a lot of stuff. What then happens? When we fail to do what we set out to do, we may feel worse than when we started. We may also realize that all our spiritual striving is ironically part of the problem.

On Ash Wednesday, Isaiah 58 tells us that the fasting that interests God has nothing to do with not eating and everything to do with feeding the hungry, liberating the oppressed and housing the homeless. If you have ever been to the closing celebration for a Habitat for Humanity house, you will know what I mean. If you have ever been part of the good-byes after a week-long mission trip, or taken a plate of cookies to a neighbor in need, you will know what I mean. Pious practices without acts of kindness for the most vulnerable may impress other religious folk, but it won't impress God.

Let me be clear: Isaiah 58 isn't suggesting that religious disciplines are unhelpful. In fact, the passage ends by focusing on the importance of Sabbath observance and taking delight in our worship of God. But what becomes clear is that a Lenten observance that is acceptable to the Lord is one that connects our piety and compassion. Love of God and neighbor are inextricably linked.

As you think about what to do for Lent, keep religious practice and compassion together. For example, if you commit to a daily practice of prayer, how about signing up to tutor a child through the ACTS program? In addition to reading more scripture during Lent, how about begin volunteering at the Community Survival Center? If you decide to fast for a day or give up something, how about considering participation in the Church Without Walls on Sundays at 12 p.m.?

According to Isaiah, such a Lenten observance will not only satisfy our thirst, but will renew the brokenness of our community: "you shall be like a watered garden/like a spring of water/whose waters never fail/Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations (58:11b-12a).

May our Lenten journey nourish us and also help us nourish our world.

The Rev. R. Derrick Fetz

Adult Formation Series:

The God-Shaped Community Part 2: What Does It REALLY Mean To Be Church?

This class, which will be led by Fr. Derrick, is the sequel to the Fall adult formation course, and is open to all. We will focus on the Christian community in the Book of Acts and how its practices can be applied to today's Christian life. We will be using materials from biblical scholar N.T. Wright and spiritual writer Max Lucado. Topics will include:

- *A Movement that Matters (Acts 1 and 2)*
- *Conflict Resolution and Decision Making (Acts 6)*
- *Being Christian in a Multicultural World (Acts 10)*

A complete list of topics and dates may be found on the resource table in the Chapel.

The class will meet on Sunday mornings, February 5 through March 25 at 9 a.m. in the St. Andrew's Room. Come to one or come to all!

Lenten Adult Formation Series Looks at Simplicity

A five-week Lenten series will examine the ways in which our lives are cluttered on many levels, and will provide opportunities for discussion around ways in which we may approach simplifying — both spiritually and practically — to lead to a richer life for ourselves and our families.

The study will meet on five Tuesday evenings, February 28, March 6, 13, 20 and 27. The program will begin at 7 p.m., and will be preceded by a simple Lenten supper at 6:15 p.m.

Watch for more information in Net News and on our website: www.St-Andrews-Longmeadow.org.

Mid-week Worship and Daily Discipleship Bible Study

Need a spiritual boost in the middle of the week? Every Wednesday morning we celebrate the Eucharist (Morning Prayer is offered occasionally) and offer a thirty-minute scripture discussion based on the upcoming Sunday's Gospel. Participants will learn how to apply faith practically in the context of daily life. Handouts for the upcoming Wednesday's Bible study are on the table near the Chapel; however, no preparation or previous Bible study is required. **We gather every Wednesday from 7 to 7:30 a.m. for Holy Communion and from 7:30 a.m. to 8 a.m. for the Bible study. Come to one or both. All are welcome!**

Ash Wednesday Worship

On February 22nd, Christians around the world will begin the observance of Lent with Ash Wednesday. This 40-day long (excluding Sundays) season invites us to reflect on Jesus' 40-day wilderness experience as we participate in acts of self-sacrifice, humility and penance. Also, Lent reminds us of our human limitations and our dependence on God. The observance of Lent concludes with the events of Holy Week when we will remember the betrayal and death of Jesus Christ. Then, we proclaim the hope of the resurrection as we celebrate Easter!

Ash Wednesday (February 22) Schedule

Each service includes the Imposition of Ashes and Holy Communion. Communion will be distributed from the Reserved Sacrament at the 7 a.m. and 12 noon liturgies.

7 a.m. (a 30-minute contemplative service)

12 p.m. (a 30-minute contemplative service)

7 p.m. (the principal service for Ash Wednesday including hymns and the Choir)



2012 Mission Plan Budget Passed

At their January meeting, the Vestry passed the 2012 Mission Plan Budget which had been prepared and presented by the Finance Committee. The budget projects income totaling \$346,512 and expenses of \$347,509. The anticipated parish income for the year includes \$237,661 in pledging, and \$83,550 in endowment income. The total income for the year represents a small increase over the final actual 2011 income which totaled \$341,661.

2012 will be the first year since 2009 in which the parish supports a whole year's salary and benefits for a full-time rector. Additionally, the lay staff salaries include a modest increase of 2%, the first increase since 2009.

The Rector, Vestry and Finance Committee had initially drafted a budget based on pledging of \$259,000. Because total pledging fell short of that goal, some budget items included in preliminary drafts had to be reduced. This included \$6,000 in stonework repairs for the exterior of the chapel (a less costly temporary patch will be applied), and principal payments of approximately \$4,000 to our campaign-related line of credit (we will pay interest only in 2012).

Those who still wish to make pledges for 2012 may find pledge cards in the narthex, or may request one from Jan Brega in the parish office.

Copies of the 2012 budget were distributed at the Annual Meeting held in January, and are also available in the narthex.

Enjoy an Evening Out and Support the J2A Pilgrimage

On Friday, March 23, the J2A youth will hold a fundraising dinner, dance, wine-tasting and silent auction to support their July pilgrimage to Colorado. The event will be held at the Dante Club in West Springfield. Tickets are \$25 per person, and can be purchased from any one of the J2A students (Eddie Bartlett, Jack Blanton, Harry Brill, Michael Hepper, Caroline Lussier, Yasmeeen Najeebi, Jackson Nolan, Michael or Joseph Scuderi, or Ben Wheeler) or from Mike Scuderi (413-575-3351).

Items for auction will include:

*Deep Sea Fishing Trip Flat Screen TV Fly Fishing Lessons
Guided Kayaking Trip Personal Music Lessons
and many more*

Join us for a fun-filled evening!

You can also help the class by donating auction items. Do you have a vacation house or timeshare, tickets to a sporting event, services, gift cards or other items you'd be willing to give to be auctioned off? Contact Mike Scuderi (413-575-3351).

January Vestry Meeting Highlights

At its January 17th meeting, the Vestry:

- enjoyed talking with Bishop Scruton about our exciting parish life
- approved the 2012 budget (copies are in the Narthex)

Want more information about Vestry meetings? The approved meeting minutes for the December and January meetings will be posted in the Narthex beginning the weekend of February 17th and 18th.

Birthdays in February

1	Philippa Englert Karen Gladwin
3	Nora Savaria
6	Jerry Houle Ryan O'Grady
10	Rebekah Adams
11	Melynda Peloquin
13	Susan Lussier
14	Ryan Mulcahy
16	Paul Hotaling
18	Ramsay Ishak Lauren Padilla
22	John Dolan Paul Pasterczyk
23	Margaret Corcoran Jessica Martineau
27	Alyssa C. Doner Philip Crafts Audrey Kimball Kristin Savaria
28	Megan Martineau

Anniversaries in February

6	Adele & Irwin Seay
18	Merrie & Lyman Wood
22	Peggy & Jerry Houle

If your birthday or anniversary is incorrect or does not appear, please contact the Parish Office.

Milestones

On January 22, during his biennial visit to the parish, the Rt. Rev. Gordon Scruton confirmed the following individuals:

Thomas Keyser
Manfred Rosenkranz

Bishop Scruton also received these individuals into the Episcopal Church:

David Brule
Michael Scuderi
Karen Temple

Congratulations and Welcome!**Open Pantry Needs You!**

Did you know?

St. Andrew's supports Open Pantry by making periodic donations of non-perishable food items. It's so easy. Just watch the circulars and take advantage of the sales at the store where you shop, either by paying less or using the buy-one- get-one-free option. Last week 8 cans of fruit and vegetables were purchased for just \$2 – so much for so little. Donations can be left in the basket located in the hallway between the parish house and the church marked "Open Pantry."

**Family Game Night:
Friday, February 10**

The Congregational Development Committee will host a Family Game Night on Friday, February 10 at 6 p.m. in the undercroft. Bring your favorite board games and enjoy an evening of fun. Play old favorites, or learn a new game — a good time for all ages! Snacks and beverages will be provided.

**Tornado Recovery Weekend**

In a continuing effort to respond to the needs of people in the Springfield area af-



ected by the June 1 tornado, St. Mark's in East Longmeadow will once again host a Recovery Weekend over the President's Day weekend, February 18, 19 and 20. Volunteers are being sought for work in the field, help with registration, and in the kitchen providing meals for the volunteers. More information can be found at www.stmarksma.org.

Let me count the ways ...

... of getting information about all that's going on at St. Andrew's:

- ◆ Find us online at www.St-Andrews-Longmeadow.org
- ◆ Find us and 'like' us on Facebook (there's a link on our webpage ... you don't have to be a Facebook user to see our page)
- ◆ Get our weekly email *News from St. Andrew's* by signing up with Jan Brega in the Parish Office.

Deadline for
**March
Anchor: Monday,
February 20**

Items may be
emailed to Wende
Wheeler at
[wende.wheeler@
verizon.net](mailto:wende.wheeler@verizon.net)

February 2012

Post this calendar as a handy reference to the worship and programs at St. Andrew's throughout the month.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Sunday Church School: Grades 3 through 10 meet at 9 a.m. Pre-K through Grade 2 meet at 10 a.m. on all Sundays except as noted	Eucharistic Lectionary Year B Office Lectionary Year 2		1 7 a.m. Communion 7:30 a.m. Bible Study	2 No Choir or Bell Choir	3	4 5 p.m. Holy Communion
5 8 a.m. & 10 a.m. Holy Communion 9 a.m. Adult Formation	6	7	8 7 a.m. Communion 7:30 a.m. Bible Study	9 5:45 Handbell Choir 6:45 Choir	10 Family Game Night 6 p.m.	11 5 p.m. Holy Communion
12 8 a.m. & 10 a.m. Holy Communion 9 a.m. Adult Formation 4-6 p.m. J2A & Rite- 13 Gathering	13	14	15 7 a.m. Morning Prayer 7:30 a.m. Bible Study 7 p.m. Vestry	16 5:45 Handbell Choir 6:45 Choir	17	18 5 p.m. Holy Communion
19 8 a.m. & 10 a.m. Holy Communion 9 a.m. Adult Formation <i>No Church School</i>	20	21	22 ASH WEDNESDAY 7 a.m. Worship 12 noon Worship 7 p.m. Worship with Choir 8 p.m. Choir Rehearsal	23 5:45 Handbell Choir No Choir Rehearsal	24	25 5 p.m. Holy Communion
26 8 a.m. & 10 a.m. Holy Communion 9 a.m. J2A Mentors & Confirmands	27	28 6 p.m. Simple Supper 7-8:30 p.m. Lenten Program: Simplicity	29 7 a.m. Communion 7:30 a.m. Bible Study			

Looking Ahead ...

March 23: An Evening Out: Dinner, Dancing & Auction for the J2A Pilgrimage (see Anchor page 3 for more information)

April 1: Palm Sunday

April 8: Easter



May 5: Spring Clean Up Day 8 am.—noon

May 12: Confirmation — Christ Church
Cathedral

May 12: Best Bloomin' Plant Sale

ST. ANDREW'S EPISCOPAL CHURCH

335 Longmeadow Street
Longmeadow, MA 01106

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On the web at: www.St-Andrews-Longmeadow.org



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Schedule

- Weekday Eucharist
Wednesdays at 7 a.m.
- Holy Eucharist -
Saturdays at 5 p.m., Sun-
days at 8 and 10 a.m.
- Parish Office open Mon-
day-Thursday 9 a.m. –2:30
p.m.; Friday 9 a.m.-noon.

***St. Andrew's Episcopal Church
Staff and Contact Information***

The Rev. R. Derrick Fetz, Rector
Rector@St-Andrews-Longmeadow.org

Jan Brega, Parish Administrator
Admin@St-Andrews-Longmeadow.org

Sue Lussier, Director of Christian Formation
Formation@St-Andrews-Longmeadow.org

Karen McCarthy, Organist and Choir Director
Music@St-Andrews-Longmeadow.org